

Update

Pulford VA Lower School, Pulford Road, Leighton Buzzard, LU7 1AB
01525 372188 office@pulfordschool.org www.pulfordschool.org

Friday 10th September 2021

'Taste and see that the Lord is good.' Psalm 34 v 8

What a fantastic start to a very special term! I am pleased that the children are starting to settle in to school life here at Pulford, I am also excited that we can once again welcome parents back in to the school too! Our first whole school worship this week at Church was a wonderful sight to behold as we all joined together in praise. I look forward to meeting families as the term goes on, please say hello when you see me at the school gates - Dave

1. Y1 – Y4 Pulford Pirates Taster Session: Tomorrow (Saturday 11th September), there will be a taster session for Pulford Pirates, Y3 & Y4 9.15am – 10.15am and Y1 & Y2 10.15am – 11.15am and parents must stay on site. Please ensure that your child wears comfortable clothing for the days weather along with trainers (no football boots). If your child would like to continue training after this session, please sign them up using the following link. Subs are £15 per half term payable via the school webshop or 'tap' at the front office. Reception training begins after the October half term.

<https://forms.gle/q1EXXa4NGP5ASvVbA>

2. Duncombe Drive Car Park: Great news! Central Beds Council have sent permission to release a limited number of parking permits again this year. For more information and to apply, please see the letter attached.

3. Pots and Pans: Pre-School would like your old pots, pans and cooking utensils for a project they are doing. If you have anything that is suitable, please bring them to the front office – thank you!

4. YR Stay and Play: YR parents please check your inbox for your invite to your child's class.

5. Google Classroom/Google Site: As we have moved into a new school year, the IT support team are working on the transfer of data to enable parents to access the suite. Once it is up and running for this year we will let you know! For families new to Pulford, we will send out full details of how to find your child's log in and a guide to get you online. Keep an eye on your email.

6. Looking ahead: Please keep an eye on the school diary, some parents like to keep the page open on their phone browser for ease just use the following link - <https://www.pulfordschool.org/diary-dates/> All our dates for the coming year are on there.

7. CHUMS Workshops: We just wanted to update you with details of forthcoming psychoeducation workshops which we will be offering over the Autumn term to families in Bedfordshire and Luton. Unfortunately, we can only accept families onto these workshops who are registered at a GP Surgery in either Luton, Central Bedfordshire or Bedford Borough going forward. In order for families to access any of these workshops they need to complete the attached registration form and return it to fwteam@chums.uk.com along with the date they wish to attend.

WORKSHOPS

Parent Sleep Workshop (Children aged 12 and under) - The workshop will cover the following topics; why sleep is important, what is 'good' sleep, possible causes of sleep difficulties and learning strategies to help overcome sleep problems.

- Monday 27th September 9:30-11:30am
- Tuesday 7th December 17:00-19:00pm

Teenage Sleep Workshop (Children aged 13+) - The workshop will cover the following topics; why sleep is important, what is 'good' sleep, sleep hygiene tips and strategies for managing worries at night.

- Wednesday 6th October at 16:00-18:00pm
- Monday 6th December at 16:00-18:00pm

0-5 Resiliency Workshop (Parent's only) - The workshop will look at the importance of relationships, healthy attachment and how children are constantly learning from those around them. It will cover emotional regulation and how parents/carers are in a prime position to model healthy emotional regulation and behaviours. The workshop will also cover strategies and techniques to help build resiliency in children.

- Thursday 28th October at 17:00-19:00pm

Have a lovely weekend!