



Pulford Kitchen Summer Menu – April to October 2022



	WEEK1	WEEK 2	WEEK 3
MONDAY	Spaghetti Bolognaise Peas	Breaded Fish Cubed Potatoes & Peas	Mince Beef Wraps with Rice & Nachos Sweetcorn/Peas
TUESDAY	Roast Chicken with Roast Potatoes Or Macaroni Cheese <i>Both served with a selection of vegetables</i>	Roast Beef with Yorkshire Pudding and Roast Potatoes Or Macaroni Cheese <i>Both served with a selection of vegetables</i>	Roast Chicken with Roast Potatoes Or Macaroni Cheese <i>Both served with a selection of vegetables</i>
WEDNESDAY	Sweet & Sour Chicken with Rice & Vegetables	Pepperoni Pizza Or Cheese & Tomato Pizza with Salad	Chicken & Bacon Pasta Bake with French Bread
THURSDAY	Jacket Potato With Beans, Cheese Or Tuna Mayo & Sweetcorn Served with A Side Salad	Jacket Potato With Beans, Cheese Or Tuna Mayo & Sweetcorn Served with A Side Salad	Jacket Potato With Beans , Cheese Or Tuna Mayo & Sweetcorn Served with A Side Salad
FUN FRIDAY!	Beef Burger In A Bun Or Fish Fingers With Chips Or Pasta Baked Beans / Sweetcorn	Hotdog Or Breaded Chicken Strips X 2 With Chips Or Pasta Baked Beans / Sweetcorn	Sausages Or Fishcake Stars With Chips Or Pasta Baked Beans Or Sweetcorn

Please email office@pulfordschool.org if you wish to make changes to your lunches.

We have a choice of fresh fruit at the counter for children to choose from each day or one of the following of desserts;

fruit salad, jelly, yoghurt, angel delight, blueberry muffins, baked cookie or ice cream/lolly.

We also offer a 'grab bag' option each day. These consist of a ham or cheese roll, a piece of fruit, dessert from the counter and a savoury snack.

If you have informed us of any dietary requirements we will offer an appropriate substitute where necessary.