



Winter Menu – from w/c 31st Oct 2022



	Week 1	Week 2	Week 3
Monday	Chilli, Rice & Nachos with Pasta twists with peas & Carrots Iced Sprinkle Sponge	Chinese Chicken curry with steamed rice and sweetcorn and carrots Chocolate Cake with custard	Bolognese with Pasta twists with peas and sweetcorn Syrup Sponge with custard
Tuesday	Roast Chicken or Quorn Roast with stuffing, roast potatoes, cauliflower and broccoli Strawberry mousse	Roast Beef or Quorn Roast with Yorkshire pudding, roast potatoes, cauliflower and broccoli Ice-cream Pots	Roast Gammon or Quorn Roast with Yorkshire pudding, roast potatoes, cauliflower & broccoli bake or peas Brownie
Wednesday	Sausage Plait or Veggie Sausages in gravy with potato wedges and mixed vegetables Chocolate marble cake with custard	Meatballs in tomato sauce with pasta twists and mixed vegetables Raspberry Ripple Cake with custard	Lasagne with garlic bread and green beans or carrots Cherry Sponge with custard
Thursday	Toad in the hole or veggie sausages with sauté potatoes and peas and green beans Apple Crumble with custard	Cottage Pie with sliced Potatoes, green beans and peas Pear Crumble with custard	Chicken Casserole with rice garlic bread and green beans and carrots Apple and red berry Crumble with custard
Friday	Breaded Fish with lemon or cheese & tomato pizza with chips and baked beans or sweetcorn Cocoa cookies	Beef burgers or cheese & tomato pizza with chips and baked beans or sweetcorn Jelly	Sausages or cheese & tomato pizza with chips and baked beans or sweetcorn Ice-cream pots

1. If you are changing your lunch order this time, please make sure that you complete the google form attached to the email. *If we do not hear from you by 13th October your choices will remain the same.*
2. Grab bags are also available for pre order via the google form – Cheese or Ham
3. Vegetarian/ dietary intolerance options are made every day for those who have requested them.