



# Summer Menu: April to October 2023



	Week 1	Week 2	Week 3
<b>Monday</b>	<b>Minced Beef Mexican Wrap</b> with Rice and Salad	<b>Bolognaise Pasta Bake</b> and salad	<b>Mac &amp; Cheese</b> and salad
	Iced Sprinkle sponge	Chocolate chip cake	Cherry Sponge
<b>Tuesday</b>	<b>Tuna Melt Panini with Wedges</b> and Salad	<b>Ham &amp; Cheese Panini with Wedges</b> and salad	<b>Meatball Panini with Wedges</b> and salad
	Fresh fruit salad	Fresh fruit salad	Fresh fruit salad
<b>Wednesday</b>	<b>Roast Pork or Quorn Roast</b> Yorkshire pudding stuffing, roast potatoes, and mixed veg	<b>Roast Chicken or Quorn Roast</b> Yorkshire pudding, stuffing, roast potatoes, and mixed veg	<b>Roast Gammon or Quorn Roast</b> Yorkshire pudding, stuffing, roast potatoes, and mixed veg
	Ice pops/ Ice Cream pot	Ice pops/ Ice Cream pot	Ice pops/ Ice Cream pot
<b>Thursday</b>	<b>BBQ Chicken Melts</b> with herbie squares and salad	<b>Red onion &amp; pepper no-pastry quiche</b> with herbie squares and salad	<b>Sausage Plait</b> with herbie squares and salad
	Mixed spiced raisin cake	Chocolate brownie	Chocolate cake
<b>Friday</b>	<b>Fish fingers</b> <b>OR cheese &amp; tomato pizza</b> with chips and baked beans or sweetcorn	<b>Beef burgers OR</b> <b>cheese &amp; tomato pizza</b> with chips and baked beans or sweetcorn	<b>Sausages</b> <b>OR cheese &amp; tomato pizza</b> with chips and baked beans or sweetcorn
	Fruit salad jelly	Fruit salad jelly	Fruit salad jelly

**If you are changing your lunch order this time**, please make sure that you **complete the google form** attached to this email. **If we do not hear from you by 9am, Wednesday 22nd March your choices will remain the same.**

- ✓ We are trying some **new options for grab bags**; please now choose from **ham, jam or marmite**. Please make your choice on the google form.
- ✓ Vegetarian options of main meal will be offered to those with dietary requirements.
- ✓ Salad will be switched to vegetables dependent upon weather/temperature.
- ✓ Cakes may be served as home made muffins instead/ fruit options available daily.